

Polegate Rambling Club – Short Walks March – June 2018

- March 1st LOOK FOR THE BLACK DUCK. 5 miles Rushlake Green. Fields, woods, paths, some road.
Undulating. 8 stiles. Judy & Diane 486756 or 07802 877514. SVP £2.20
- March 8th UP AND DOWN DALE TO EAST DEAN. 4 miles Butts Brow to East Dean. Coffee on the green.
Return along The Old Drovers' path on Downs. 4 stiles.
Olive 504653 or 07896 851797. SVP 50p + c.p. charge or bring Residents' Permit.
- March 14th Langham Lunch. See separate details. Form to be returned by 2nd March 2018
- March 15th HERSTMONCEUX WALK. 5 miles Circular walk across fields, paths and some roads. 6 stiles.
Vicky 471635 or 07701 051155. SVP £1.80
- March 22nd FOREST WALK WITH A BIT OF UP AND DOWNS. 4-5 miles Crowlink to West Dean village. 1 stile.
Sue C. 371417 or 07903 220544. SVP £1 + N.T. c.p. or £3 daily charge
- March 29th CASTLE VIEWS. 5ish miles Reasonably easy walking. Herstmonceux/Windmill Hill/Boreham Street.
Great views. Some narrow roads. 10 stiles. Penny & Carol 485336 or 07778 282811. SVP £2
- April 5th CROWLINK. 5 miles Several steep uphill areas along cliff tops.
Brenda N. 470114 or 07905 727032. SVP £1 + N.T. c.p. or £3 daily charge
- April 12th EXCEAT, HOPE BOTTOM TO SEAFORD HEAD. 5 miles Undulating. Lovely views of 7 Sisters.
2 stiles. David & Sheila 500877 or 07845 490663. SVP £1.10
- April 19th PEVENSEY CASTLE WITH A SEA VIEW. 5 miles Sovereign Harbour to Pevensey Castle.
Some beach walking over pebbles. 2-3 stiles. Maureen 765725 or 07976 879585. SVP £1.40
- April 26th COWBEECH. 5 miles Country lanes, woodland and across fields. 2 stiles.
Brenda 470114 or 07905 727032 and Pat 471359 or 07946 401281. SVP £2
- May 3rd FIRLE BEACON. 4.7 miles A simple high Downland walk with spectacular views en route. No stiles.
Betty 640663 or 07713 032564 & Wendy 520015. SVP £1.80
- May 10th TO THE MANOR BORN. 5 ¼ miles Downland walk from Polegate Rec. Lovely views. Fields,
paths, woods, chalk tracks. 2 stiles. Judy 486756 or 07802 877514.
- May 17th IN AND OUT THE DUSKY BLUEBELLS? 5 ½ miles Fields and woodlands. No hills. 8 stiles.
John & Theresa 726685 or 07719 437464. SVP 50p + c.p. charge
- May 24th EAST DEAN – WEST DEAN – CIRCULAR. 5 miles Up to Friston Pond, into Friston Forest, West
Dean Church and return. 4 stiles. Roger C. 351108 or 07596 953120. SVP £1
- May 31st SEAFRONT STROLL. 5 ½ miles approx. Sovereign Swim Centre to Holywell and back. No
stiles. Marion 658365 or 07799 095602. SVP £1.40 + c.p. charge or road parking
- June 7th WARTLING AND ALL! 5 miles Fields and some lanes. Gentle inclines.
Howard & Hilary 472174 or 07941 332733. SVP £1.60
- June 14th ABBOTS WOOD. 4 ½ miles Forest.
Roger L. 723268 or 07929 115916. SVP £1 + c.p. charge
- June 21st ANOTHER LITTLE BIT OF EVERYTHING. 5 miles From Alfriston, across levels, up to
Lullington. Break at foot of 'The Long Man', then down through Wilmington. One long hill. 2 stiles.
Gary 351553 or 07773 382426. SVP 80p + c.p. charge
- June 28th LOOKING FOR CASTLES. 5 miles Broad Oak & Heathfield. Fields, tracks, woods, undulating.
10 stiles. Eric 845569. SVP £2.50