

**29<sup>th</sup> CASTLE VIEWS.** 5ish miles  
Fairly easy. Herstmonceux/Windmill Hill/Boreham St. Great views. Some narrow roads. 10 stiles.  
Penny & Carol 485336 or 07778 282811. SVP £2

**FLETCHING CIRCULAR.** 8 ¼ miles  
Fields and footpaths. Mostly flat. Picnic. 9 stiles.  
Liz 01424 846437 or 07904 504915. SVP £4

#### APRIL

**5<sup>th</sup> CROWLINK.** 5 miles  
Several steep uphill areas along cliff tops.  
Brenda N. 470114 or 07905 727032. SVP £1 + N.T c.p. or £3 daily charge

**EAST DEAN CIRCULAR.** 10 miles  
Some Seven Sisters. Hilly. Picnic.  
Vicky 01424 225859 or 07512 951437. SVP £1

**12<sup>th</sup> EXCEAT, HOPE BOTTOM TO SEAFORD HEAD.** 5 miles  
Undulating. Lovely views of Seven Sisters. 2 stiles.  
David & Sheila 500877 or 07845 490663. SVP £1.10

**1066 AND ALL THAT.** 11 miles  
Circular- Catsfield via Battle, Telham & Crowhurst. Undulating, fields, woods and paths. Picnic. 6 stiles.  
Peter 01424 844219 or 07835 922357. SVP £2.60

**19<sup>th</sup> LEISURELY. COUNTRY NATURE WALK.** 2 ½ miles  
Meet Medical Centre 9.47am for bus 51 to Maynards Green School. Flat, no mud. Coffee in Horam.  
Rick 482138.

**PEVENSEY CASTLE WITH A SEA VIEW.** 5 miles  
From Sovereign Harbour to Pevensey Castle. Some beach walking over pebbles. 2-3 stiles.  
Maureen 765725 or 07976 879585. SVP £1.40

**ROBIN'S BLUEBELLS.** 9 miles  
Mainly solid tracks and paths. Small section in Abbots Wood always muddy. Picnic. No stiles.  
Paul & Barbara 504908 or 07812 822879 or 07790 708616.

**26<sup>th</sup> COWBEECH.** 5 miles  
Country lanes, woodland and across fields. 2 stiles.  
Brenda 470114 or 07905 727032 and Pat 471359 or 07946 401281. SVP £2

**AM I TOO EARLY?** 10 miles  
Start from Rec. Short pavement walk at start and finish. Woods and countryside. Picnic. 10 stiles.  
Aled 484723 or 07858 070497.

#### MAY

**3<sup>rd</sup> LEISURELY. HORAM FISHING LAKES AND WOODS.** 2 ¼ miles  
Meet Medical Centre 9.47 for 51 bus. A different route. Flatish. Skirting lakes and woods. No hills or difficult ground. Coffee at end.  
Sue T. 482441 or 07972 579340

**FIRLE BEACON.** 4.7 miles  
A simple high Downland walk with spectacular views en route. No stiles.  
Betty 640663 or 07713 032564 & Wendy 520015. SVP £1.80

**RUSHLAKE GREEN AND BEYOND.** 8 ½ miles  
Paths, woods, fields and some roads. Few ascents. Picnic. 18 stiles.  
Mick 486756 or 07484 104460. SVP £2.20

**10<sup>th</sup> TO THE MANOR BORN.** 5 ¼ miles  
Downland walk from Polegate Rec. Lovely views. Fields, paths, woods, chalk tracks. 2 stiles.  
Judy 486756 or 07802 877514.

**LAND AND SEA – A VARIETY OF BLUES!** 10 ½ miles approx. **9.15am**  
From Guestling Church across the valley (fields and woods) to the sea. Cliff top walk and back across the valley. Picnic. 14 stiles.  
Patience 01424 813106 or 07764 300287. SVP £4

**17<sup>th</sup> LEISURELY. ROUND THE HARBOUR.** 2 miles  
Meet Polegate Taxi Rank 9.47am for bus 51. Change at Terminus Road for bus 5 to Pacific Drive North Harbour.  
Roy 766342

**IN AND OUT THE DUSKY BLUEBELLS?** 5 ½ miles  
Fields and woodlands. No hills. 8 stiles.  
John & Theresa 726685 or 07719 437464. SVP 50p + c.p. charge

**HILLS, BOTTOM AND BEACON.** 11 ¼ miles  
Villages of Denton and Bishopstone. Chalk and flint tracks. Open Downland with several ups and downs. One steep descent. Picnic.  
Sue 365158 or 07833 938903. SVP £1.80

**24<sup>th</sup> EAST DEAN – WEST DEAN – CIRCULAR.** 5 miles  
Up to Friston Pond, into Friston Forest, West Dean Church and return. 4 stiles.  
Roger C. 351108 or 07596 953120. SVP £1

**RINGMER, LEWES AND SUSSEX OUSE VALLEY WAY.** 10 miles  
All good footpaths, very little road and only one proper hill, otherwise flat. Good views. Picnic. 10 stiles.  
John 724972 or 07732 971557. SVP £2.40

**31<sup>st</sup> LEISURELY. PEELINGS LANE TO PEVENSEY.** 2 ½ miles  
Meet Medical Centre at 10.17am for 56 bus. Lane walk to Westham then on to Pevensey. Cafe near end of walk.  
Sue T. 482441 OR 07972 579340.

**SEAFRONT STROLL.** 5 ½ miles approx.  
From Sovereign Swim Centre to Holywell and back. No stiles.  
Marion 658365 or 07799 095602. SVP £1.40 + c.p. charge or road parking

**DEJA VOUS.** 9 ½ miles  
Butts Brow to Belle Tout. Birling Gap and Friston return. Hilly. Picnic. 3 stiles. Tea at Jayne's.  
Jayne 500855 or 0777 631499. SVP 50p + c.p. charge or bring Residents' permit.

#### JUNE

**7<sup>th</sup> WARTLING AND ALL!** 5 miles  
Fields and some lanes. Gentle inclines.  
Howard & Hilary 472174 or 07941 332733. SVP £1.60

**THE SEA AND RIVER TO OUR RIGHT.** 11 miles  
Newhaven, Piddinghoe, Telscombe, Peacehaven. Views. One steep hill. Picnic. No stiles.  
Angela 07765 465444. SVP £2.70