

POLEGATE RAMBLING CLUB

PROGRAMME NOVEMBER 2018 TO FEBRUARY 2019

OFF TO THE RACES. 10 miles

Plumpton, Streat, Ditchling. Fairly flat. Farms and woods. Picnic. Monday Group stiles.

Angela 01444 213846 or 07765 465444. SVP £3.70. Leader at start BN7 3AF.

14th MILLS TO LOCK WITH A KISS. 8 miles

Barcombe Cross. River banks and fields. Picnic. 10 stiles.

Paul & Barbara 504908 or 07790 708616 or 07812 822879. SVP £3

HIGH, OVER, DOWN AND ACROSS. 4. ¼ miles

Alfriston and Exceat. 6 stiles.

Diane 644996 and Penny 07778 282811. SVP £1.40 via A27

21st LEISURELY. SEAFRONT WALK. 2 miles

Meet 9.45 for bus 51 Taxi Office to Eastbourne Pier. Arrive 10.20. Walk to Princess Park. Refreshments.

John 489228 or 07792 516202.

CIRCULAR WALK FROM EXCEAT. 5 miles

Undulating. West Dean. Forest and fields. 2 stiles.

Vic 412554. SVP £1.40

A BEACON'S EYE VIEW. 9 miles

Alfriston to Firle Beacon circular. Picnic. Few stiles.

David 381228 or 07927 945701. SVP £1.40

22nd AGM. ST. JOHN'S CHURCH HALL 2 pm. Bring attached Agenda.

28th SEAFORD TO NEWHAVEN AND BACK. 5 miles

Mostly flat with one hill climb. Main road to cross twice. 3 stiles.

Ted 484923 or 07466 195819. SVP £2 + c.p. charge

MEANDER TO THE MEANDERS. 10 miles

Forest, Downland, two Sisters and river. Picnic. 6 stiles.

John & Theresa 726685 or 07719 437464. SVP £1.40

LANGHAM LUNCH 20th MARCH 2019. Reservation form attached and to be returned before 27th February 2019.

Where a car is required to the start of the walk, our group encourages car sharing and it is appreciated when a voluntary contribution is made by passengers. SVP (suggested voluntary payment) shown is considered an amount which reasonably covers the costs incurred by the driver.

Chairman	Jill Haughan	01323 737073
Club Secretary/Health & Welfare	John Riley	01323 724972
Membership Secretary/Treasurer	Hilary Orrom	01323 472174
Rambles Secretary	Angela Forman	01444 213846
Half-day Walks	Roger Lee	01323 723268
Leisurely Walks	Sandra Ridley	01323 483991
Web Master	Howard Orrom	01323 472174
Health and Welfare	John Riley	01323 724972
Social Secretaries	Carol Wilson	01323 484621
	Maureen Clark	01323 726427
Co-opted as Social Secretary	Sheila Markham	01323 500877

PLEASE NOTE:-

ALL SPORTING AND LEISURE ACTIVITIES have inherent hazards associated with them and rambling is no exception. Despite the safety of members always being of paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity each member appreciates that he or she has a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to occur. OBVIOUSLY MUD AFTER RAIN IS INEVITABLE. Appropriate clothing and footwear are essential for your safety.

ALL WALKS start from the Rec. at 9.30 am prompt unless otherwise stated.

CAR PARKING CHARGE to be shared between car occupants. Leisure walkers please check bus timetables and remember to take your bus passes. Books of walks and maps are available to borrow from Rambles Secretary.

NOVEMBER 2018

1st LEISURELY. A WALK ALONG THE PROM TO HOLYWELL AND BACK. 3 miles

Stop at the café. Meet 9.45 for bus 51 Polegate Taxi Office to the Pier arriving 10.35.

Sandra 483991.

CHIDDINGLY CIRCULAR. 5 ¼ miles

E. Hoathly via the Vanguard Way. Return via Wealdway. Café stop. Finish 6 Bells with cheesy garlic bread. 10 stiles.

Tim 767141 or 07786 923953. SVP £1.60

DEJA VOUS REVISITED. 9 ½ miles

Butts Brow to Belle Tout. Birling Gap and Friston Forest. Hilly. Tea at Jayne's. Picnic. 3 stiles.

Jayne 500855 or 07775 631499. SVP 50p + c.p. charge or use Residents, card

8th FIELDS AND WOODS. 5 miles

Wilmington. Fairly flat. Few stiles.

Jeremy & Olive 504653 or 07941 453405. SVP 50p

THE ENGLISH RURAL IDYLL EXPERIENCE. 9 miles

Mayfield. Woodland, meadows, orchards, streams, oast houses, lake, views. Undulating and one hill. Picnic. 10 stiles.

Richard 722654 or 07926 500419. SVP £3.40

15th LEISURELY. AUTUMN RAMBLE. 2 miles

Meet 9.47 for bus 51 at Medical Centre to Hellingly Village Hall. Cuckoo Trail to Hailsham. Refreshments.

John 489228 or 07792 516202.

BOTTOMS BEHIND BEACHY HEAD! 5 miles

Exploring relatively unused and quiet valleys, less than half a mile inland from Beachy Head. Gentle slopes. 5 stiles.

Alan 500664 or 07753 610752. SVP £1

INTO BATTLE. 9 ½ miles

Battle to Crowhurst, using some of the 1066 Country path. Mostly good field and woodland paths. Undulating. Nice Coffee shop at end (optional). Picnic. 14 stiles.

John 724972 or 07732 971557. SVP £3.20