

Polegate Rambling Club SHORT WALKS – March – June 2019

- March 7th **ALFRISTON CIRCULAR**. 5 miles 2 stiles.
Long Man and Lullington Heath. Gradual steep hill start, then flat downhill.
Alan 500664 or 07753 610752. SVP £1 +c.p. charge or road parking.
- March 14th **BARBARA'S BEAUTIFUL BARCOMBE RAMBLE**. 5 ¼ miles 3 stiles.
Fairly flat. Following the flow of the River Ouse towards Lewes.
Barbara 840622 or 07709 998678. SVP £3.
- 20th MARCH 2019 LANGHAM LUNCH 12noon for 1pm**
- March 21st **WILMINGTON TO ARLINGTON RESERVOIR AND BACK**. 5 ½ miles 18 stiles.
Fields, paths and no steep climbs. Refreshments at Reservoir Tea Pavilion.
Tim 767141 or 07786 923953. SVP 60p
- March 28th **BLACKBOYS**. 5 miles 2 stiles.
Fields, country lanes, passing an old watermill and Woodland Trust site.
Pat 471359 or 07946 401281 or Brenda 470114 or 07905 727032. SVP £2.80
- April 4th **BLUEBELLS FOR THE SERFS**. 5 miles Few stiles.
Wilmington Green and Abbots Wood. Fairly flat..
Jeremy and Olive 504653 or 07941 453405 or 07896 851797. SVP 50p
- April 11th **WANNOCK AND BACK**. 4 ½ miles 2 stiles.
Up and over to Jevington.
Sue 07903 220544 and Louisa 640640.
- April 18th **SPRING ALONG WITH EWE AND US**. 5 ½ miles 2 stiles.
East Dean, Friston, Butts Brow and back. Downland.
David and Sheila 500877 or 07845 490663. SVP £1
- April 25th **EAST DEAN MEETS WEST DEAN AND RETURN**. 5 miles approx. 3 stiles.
Up to Friston Pond, crossing A259 into Forest.
Roger C. 351108 or 07596 953120. SVP £1
- May 2nd **IN SEARCH OF BLUEBELLS AND PRIMROSES**. 4 ¼ miles 6 stiles.
Footpath close to River Cuckmere, a pretty bridleway, a wood and returning across farmland.
Betty 640663 or 07713 032564 or Wendy 520015. SVP £1.20
- May 9th **TO THE MANOR BORN**. 5 ½ miles 3 stiles.
Polegate rec to Wannock, Folkington and Wilmington return. Paths, fields and tracks. Beautiful views.
Some hill work advising sticks.
Judy 486756 or 07802 877514.
- May 16th **POLEGATE TO HILLIER GARDEN CENTRE**. 5 miles 1 stile
From Polegate rec flat walk along country lanes. 30 mins coffee stop at Hillier's.
1 stile depending on route/weather.
Pamela and Helena 07922 473609.
- May 23rd **FOR WHOM THE BELLS TOLL**. 5 miles 2 stiles
Undulating. Two short steep inclines. Wannock and Jevington, returning via the Downs.
Mick and Christine 07506 993292. SVP 50p
CELEBRATION AT EAST DEAN VILLAGE HALL FROM 2.30pm.
- May 30th **EAST DEAN CIRCULAR**. 5 ½ miles No stiles.
Two hills. LEADER AT START.
Bridget 736542 or 07535 634818 on the day only. SVP £1
- June 6th **UP, OVER AND DOWN**. 4 ½ miles 2 stiles.
Alfriston to foot of Long Man. Return through Wilmington. One long hill slope.
Gary 351553 or 07773 382426. SVP £1 + c.p. charge or use road parking.
- June 6th WEY and ARUN CANAL WALK and CRUISE**
See booking form. Booking opens 25th March.
- June 13th **FROM THE SEA TO THE DEANS**. 5 miles. LEAVE POLEGATE REC 9.15am
Roedean. Visit 3 Deans, one steep hill, slightly undulating with good views.
Heather 506137. SVP £4
- June 20th **BO PEEP AND SHEEP**. 6 miles No stiles.
From top car park mostly flat with one small hill.
Penny 485336 or 07778 282811. SVP 50p
- June 27th **SEAFORD TO NEWHAVEN**. 5 miles 3 stiles.
One hill. 3 stiles. Coffee at McDonald's or KFC.
Ted 484923 or 07466 195819. SVP £2.