

COUNTRY WALK, LOWLAND FARMS AND FIELDS. 10 miles

Mostly flat over Combe Haven Country Park. Hopefully avoiding wettest parts.

Picnic. 6 stiles. LEADER AT START.

Liz 01424 846437 or 07904 504915. SVP £2.90

APRIL

4th LEISURELY. EASTBOURNE'S OLD TOWN. 1 – 1 ½ miles

Meet 9.45 for bus 51 outside Taxi Office to junctions of Selwyn Road and Gore Park Road for walk around "OLD" Old Town. Slight inclines. Coffee at end.

Joy 487269.

BLUEBELLS FOR THE SERFS. 5 miles

Wilmington Green and Abbotts Wood. Fairly flat.. Few stiles.

Jeremy and Olive 504653 or 07941 453405 or 07896 851797. SVP 50p

RAMBLIN ROCKS. 9 miles

Featuring Harrison, Eridge and High Groombridge. Woods, views of green sand outcrops.

Undulating. Diverse habitats. Picnic. 2 stiles.

Richard 722654 or 07926 500419. SVP £4

11th WANNOCK AND BACK. 4 ½ miles

Up and over to Jevington. 2 stiles.

Sue 07903 220544 and Louisa 640640.

SPRING TIME DOWNLAND RAMBLE. 12 miles

Coast, hills, cliffs. Stop at Birling Gap. Some stiles. Picnic.

Colin 07446 458138. SVP 50p + c.p. charge or use Residents' cards.

18th LEISURELY. STROLL AROUND POLEGATE TO LITE BITES. 2 ½ miles

Flat walk around Polegate. Hope to see Spring flowers and then to the café.

Sandra 483991. Meet outside Medical Centre 10.00am.

SPRING ALONG WITH EWE AND US. 5 ½ miles

East Dean, Friston, Butts Brow and back. Downland. 2 stiles.

David and Sheila 500877 or 07845 490663. SVP £1

CHIDDINGLY CIRCULAR. 10 miles

Gentle undulating, easy pace. 10 stiles.

Peter 01424 844219 or 07835 922357. SVP £1.70

25th EAST DEAN MEETS WEST DEAN AND RETURN. 5 miles approx..

Up to Friston Pond, crossing A259 into Forest. 3 stiles.

Roger C. 351108 or 07596 953120. SVP £1

OFF TO THE RACES. 10 ½ miles

Plumpton College, Streat, Ditchling village and Common, Plumpton, East Chiltington.

Fields and woods. Fairly flat. Approx. 15 Monday group stiles. Picnic.

Angela 01444 213846 or 07765 465444. SVP £3.70. LEADER AT START.

MAY

2nd LEISURELY. WALK ALONG THE CUCKMERE. 2 ½ miles

Meet 9.45 for bus 51 outside Taxi Office to Eastbourne,

then bus 12 to the Seven Sisters Country Park.

Sandra 483991.

IN SEARCH OF BLUEBELLS AND PRIMROSES. 4 ¼ miles

Footpath close to River Cuckmere, a pretty bridleway, a wood and returning across farmland.

6 stiles.

Betty 640663 or 07713 032564 or Wendy 520015. SVP £1.20

LET'S GO NUTS IN MAY. 9 ½ miles

Circular from Butts Brow to East Dean. Friston and Jevington. Countryside and woods. Some steep slopes. Picnic. 1 stile. Jayne's for tea.

Jayne 500855 or 07775 631499. SVP 50p + c.p. charge or use Residents' cards.

9th TO THE MANOR BORN. 5 ½ miles

From Polegate rec to Wannock, Folkington and Wilmington return. Pathways, fields and tracks. Beautiful views. Some hill work advising sticks. 3 stiles.

Judy 486756 or 07802 877514.

THE OTHER WAY ROUND. 10 ½ miles

East Dean, Friston, Jevington. Hilly. Picnic. LEADER AT START

Gill 391976 or 07547 005058. SVP 50p + c.p. charge or use Residents' cards.

16th LEISURELY. THERE AND BACK IN POLEGATE. 2 ½ miles

Meet 10am Polegate Station. Walk to St. Mary's Walk. Countryside. New Estates.

Cuckoo Trail. Flat easy walking. Coffee at end.

Carol 484621

POLEGATE TO HILLIER GARDEN CENTRE. 5 miles

From Polegate rec flat walk along country lanes. 30 mins coffee stop at Hillier's.

1 stile depending on route/weather.

Pamela and Helena 07922 473609.

AN OLD FAVOURITE OF MINE. 9 miles

From Polegate rec to Wannock, Folkington, Milton Street and Wilmington return. Pathways, fields and tracks. Beautiful views. Some hill work advising sticks. 5 stiles. Picnic.

Mick 486756 or 07484 104460.

23rd FOR WHOM THE BELLS TOLL. 5 miles

Undulating. Two short steep inclines. Wannock and Jevington, returning via the Downs. 2 stiles

Mick and Christine 07506 993292. SVP 50p

CELEBRATING 50 YEARS OF WALKING. 8 ½ miles

East Dean, Butts Brow and Jevington. Well known downland paths. 3 stiles. Picnic.

Marion 724972 or 07732 971557. SVP £1

CELEBRATION AT EAST DEAN VILLAGE HALL FROM 2.30pm.

30th LEISURELY. GOLF COURSE TO EAST DEAN. 2 miles

Meet 9.45 for bus 51 outside Taxi office to Eastbourne, then bus 12A to SDW stop.

Alight and walk across golf course to East Dean café.

Sandra 483991.

EAST DEAN CIRCULAR. 5 ½ miles

Two hills. No stiles. LEADER AT START.

Bridget 736542 or 07535 634818 on the day only. SVP £1

TWO PATHS FROM BUXTED. 10 ½ miles

Villages, quiet meadows, parkland, woodland and views. Picnic. 24 stiles.

John and Theresa 726685 or 07719 437464. SVP £3.50

JUNE

6th UP, OVER AND DOWN. 4 ½ miles

Alfriston to foot of Long Man. Return through Wilmington. One long hill slope. 2 stiles.

Gary 351553 or 07773 382426. SVP £1 + c.p. charge or use road parking.

THE RIVER AND SEA TO OUR RIGHT. 11 miles

Lovely river and coastal walk. Easy not hilly. 3 stiles. Picnic.